SIMPLE DETAILS RESOURCE · FOR A DEEPER DIVE

For a deeper dive.

The books I recommend most often to clients, grouped by what you're working on. Check what you've read. Circle what's next.

> *"Insight without action is just information."*
> Kristen Hodge

Coaching
Creates the conditions: awareness, challenge, accountability.

Learning
Books and podcasts give you language and frameworks.

Experience
Doing the uncomfortable thing. That's where the brain rewires.

Leadership
Leadership as a practice, not a personality trait.

- ☐ *Good to Great* Jim Collins
- ☐ *CEO Excellence* Dewar, Keller, and Malhotra
- ☐ *The Five Dysfunctions of a Team* Patrick Lencioni
- ☐ *The Ideal Team Player* Patrick Lencioni
- ☐ *Multipliers* Liz Wiseman
- ☐ *Leaders Eat Last* Simon Sinek
- ☐ *The 7 Habits of Highly Effective People* Stephen R. Covey
- ☐ *How to Win Friends and Influence People* Dale Carnegie

Leader as coach
From leader as expert to leader as coach.

- ☐ *The Coaching Habit* Michael Bungay Stanier
- ☐ *The Advice Trap* Michael Bungay Stanier
- ☐ *The First 90 Days* Michael Watkins
- ☐ *Turn the Ship Around!* L. David Marquet
- ☐ *Humble Inquiry* Edgar Schein

Identity and purpose
Leadership flows from who you are.

- ☐ *Start With Why* Simon Sinek
- ☐ *No Permission Needed* Tissa Richards
- ☐ *What Got You Here Won't Get You There* Marshall Goldsmith
- ☐ *The 5 Levels of Leadership* John C. Maxwell
- ☐ *Designing Your Life* Bill Burnett and Dave Evans

Communication
How you communicate is how you lead.

- ☐ *Crucial Conversations* Patterson, Grenny, McMillan, and Switzler
- ☐ *Difficult Conversations* Stone, Patton, and Heen
- ☐ *Radical Candor* Kim Scott
- ☐ *Nonviolent Communication* Marshall Rosenberg
- ☐ *Never Split the Difference* Chris Voss
- ☐ *Surrounded by Idiots* Thomas Erikson
- ☐ *Managing Up* Melody Wilding

SIMPLE DETAILS RESOURCE · FOR A DEEPER DIVE

Keep reading.

Pick one book that fits where you are right now. Then put one idea into practice before you start the next.

Emotional intelligence

A strategic leadership capability, not a soft skill.

- ☐ *Emotional Intelligence* Daniel Goleman
- ☐ *Dare to Lead* Brené Brown
- ☐ *Permission to Feel* Marc Brackett
- ☐ *Atlas of the Heart* Brené Brown
- ☐ *The Six Pillars of Self-Esteem* Nathaniel Branden

Relationships and boundaries

Caring without carrying.

- ☐ *Boundaries* Henry Cloud and John Townsend
- ☐ *Boundaries for Leaders* Henry Cloud
- ☐ *People Fuel* John Townsend

Health and resilience

You can't lead well from empty.

- ☐ *The Body Keeps the Score* Bessel van der Kolk
- ☐ *Burnout* Emily and Amelia Nagoski
- ☐ *Why We Sleep* Matthew Walker
- ☐ *The 5 AM Club* Robin Sharma
- ☐ *Ikigai* Héctor García and Francesc Miralles

Strategy and focus

Clarity is a leadership skill.

- ☐ *The ONE Thing* Gary Keller and Jay Papasan
- ☐ *Essentialism* Greg McKeown
- ☐ *Deep Work* Cal Newport
- ☐ *Measure What Matters* John Doerr
- ☐ *The Effective Executive* Peter Drucker
- ☐ *Traction* Gino Wickman
- ☐ *Good Strategy Bad Strategy* Richard Rumelt
- ☐ *Atomic Habits* James Clear
- ☐ *Thinking, Fast and Slow* Daniel Kahneman

Inner life

The category that grounds everything else.

- ☐ *The Four Agreements* Don Miguel Ruiz
- ☐ *The Common Rule* Justin Whitmel Earley
- ☐ *12 Rules for Life* Jordan B. Peterson
- ☐ *Good Vibes, Good Life* Vex King
- ☐ *Stop Letting Everything Affect You* Daniel Chidiac
- ☐ *Man's Search for Meaning* Viktor E. Frankl
- ☐ *The Untethered Soul* Michael A. Singer

The book I'll read next, and why now:

One idea I'll put into practice from it:

You're welcome to share this resource, unaltered and with credit.